

RULES & REGULATIONS

EVENT ENTRY & REGISTRATION REQUIREMENTS

All participants are required, without exception, to agree to and comply with the Event Rules and Regulations, including the liability waiver in the electronic registration form, by selecting the “Agree” checkbox after completing all required information in the online registration form. For offline registrations, participants are deemed to have read, understood, and accepted all terms and conditions upon submission of their registration information.

Participants must be at least 16 years old to compete in the Half Marathon (21KM), 10KM, and 10KM Couple categories. Participants must be at least 12 years old to compete in the 5KM and 5KM Couple categories. Any participant found to be under the minimum age requirement for their registered category will be disqualified. The Organizing Committee reserves the right to refuse or revoke participation eligibility for any participant who does not meet the age requirements. Any intentional false age declaration may result in disqualification and/or a ban from Garmin Run Vietnam events for up to two (02) years.

Note:

- Participants under 16 years old must be accompanied by a guardian;
- For Couple categories, if either participant is under 16 years old, the team will be classified as under 16, and a guardian is required to accompany them.

Each participant may register for only one (01) category for official participation and results.

RACE NUMBER (BIB) & TIMING CHIPS

Race BIBs are issued together with the race kit at one designated collection location only. Participants must present a valid identification document (National ID card/Passport) and their BIB confirmation email when collecting their BIB.

Timing Chips will be checked upon race kit collection. Any issue with the Timing Chip must be reported immediately to the Organizing Committee at the time of collection. The Organizing Committee will not be responsible for lost BIBs or Timing Chips that are lost, detached, or malfunction on race day, resulting in missing or unrecorded race results.

Participants are required to complete the “Emergency Contact” section on the back of the BIB before the race starts. Participants must not remove, bend, fold, wet, or iron the Timing Chip area. The

Organizing Committee will not be responsible for any chip damage caused by improper handling or storage by the participant.

The Organizing Committee strictly prohibits BIB swapping or allowing another individual to use your BIB. Any such action will result in disqualification of both the participant using the transferred BIB and the original BIB holder.

All participants must wear their assigned BIB (issued prior to race day) at the start line, throughout the course, and at the finish line to be recognized as official participants.

The BIB must be securely pinned to the front of the participant's shirt or shorts and remain clearly visible at all times during the race. Any participant found with missing timing data at any timing checkpoint along the course will be removed from the official results and disqualified. BIBs must not be folded or altered.

Timing Chips will stop recording results after the official Cut-off Time for each distance (e.g., 4 hours after the start time for the Half Marathon). Participants finishing after the Cut-off Time will be recorded as DNF (Did Not Finish).

All BIB registration information must match the participant's identification document (National ID card/Passport). The Organizing Committee reserves the right to deny awards if any discrepancy is identified.

CANCEL OR REFUND POLICY

Registration fees and all related fees are non-refundable under any circumstances, except in cases of force majeure such as war, terrorism, epidemics, or severe weather conditions.

RACE KIT PICK-UP OR AUTHORIZED PICK-UP

1. Individual pick-up:

- Participants are required to present their BIB confirmation email (with QR code) and a valid form of identification (National ID card or passport) to collect their race kit;
- In case a participant is unable to collect the race kit in person, they may authorize another individual to collect on their behalf. The following documents are required for authorized collection:
 - Participant's BIB confirmation email with QR code;
 - Participant's valid identification (National ID card or passport);
 - Authorized person's valid identification (National ID card or passport).

2. Group pick-up:

- Group collection representative details must be submitted to the Organizing Committee at least two (02) weeks prior to the Event.
- The group representative must present a valid form of identification (National ID card or passport) when collecting the race kits.

Note: *Group registrations will not receive individually packaged race kits. All items will be issued in bulk, and the group representative is responsible for distributing them to members in accordance with the registered information. The Organizing Committee will not support individual packing for group participants.*

**** Accepted formats of identification:** *Original documents, digital copies, or clear photos are all accepted for both collection methods.*

RACE COURSE

1. Course Definition and Limits:

The race course is defined by road edges, curbs, or clearly marked boundaries, including road markings, traffic cones, and barriers set by the Organizing Committee.

2. Participant responsibilities:

Participants are responsible for reviewing and understanding the official course map, symbols, and all instructions published by the Organizing Committee prior to the Event.

At all times, participants must comply with directions from the Organizing Committee. Participants must immediately stop racing upon instruction from authorized officials, medical staff, security personnel, or rescue teams.

THE RACE

1. Start area:

- a. The start area for each distance is determined annually by the Organizing Committee to ensure timing standards and operational requirements. Participants must start from their assigned start zone;
- b. All participants must enter their designated start area (pen) through the official access points. Any unauthorized entry (e.g., climbing barriers or improper access) will result in disqualification. Participants who intentionally enter an incorrect start zone must begin at the back after all other runners have crossed the start line;
- c. Participants must be fully aware of their official start time and check-in procedures for their designated start area;
- d. All participants must be present in their assigned start area at the specified time to receive instructions and participate in the official start. For safety reasons, once a start area is closed, late arrivals must begin from the final wave. The timing mat will

- be removed after all participants in the last start corral have had a reasonable opportunity to start, as determined by the Organizing Committee;
- e. Participants must start at the official start time. Timing mats at the start line will remain active for a limited period (as determined by the Organizing Committee) to allow all participants a reasonable opportunity to begin.
 - f. The start gate will close no later than five (5) minutes after the official start time. Participants must be present and start within this period. Any participant starting after the gate closure will be recorded as DNS (Did Not Start), and the Organizing Committee shall not be responsible for the safety of late-starting participants on the course.

2. Cut-off Time - COT:

- a. Start times:
 - i. Half Marathon (21KM): 04:30 AM - GMT+07:00;
 - ii. 10KM & 10KM Couple: 05:30 AM - GMT+07:00;
 - iii. 5KM & 5KM Couple: 06:00 AM - GMT+07:00.
- b. The official cut-off time is calculated from the start time of each distance, as follows:
 - i. Half Marathon (21KM): 4 hours – Course closes at 08:30 AM;
 - ii. 10KM & 10KM Couple: 2 hours 30 minutes – Course closes at 08:00 AM;
 - iii. 5KM & 5KM Couple: 1 hour 30 minutes – Course closes at 07:30 AM.

Note: Start times and course closure times for each distance are subject to change based on actual conditions. Any updates will be communicated by the Organizing Committee to participants.

- c. To ensure traffic safety, all support services (water stations, medical aid, and cheering teams) and course marshals will cease operations after the cut-off time. Participants who have not finished within the allotted time must stop the race and move onto the sidewalk or board the official event bus (if available) to clear the course.

3. Sportsmanship:

- a. Participants must comply with and respect all instructions from the Organizing Committee and volunteers throughout the race. Participants must not express objections or display negative behavior regarding the enforcement of rules or decisions made by course officials and support personnel. Any unsportsmanlike conduct or failure to cooperate with race officials will result in disqualification;
- b. Participants must not engage in any form of harassment, offensive behavior, or interference with other participants.

- 4. Conduct & Interference:** At all times, participants must respect and ensure the safety of fellow participants. Any behavior that endangers others, deliberately obstructs, or unlawfully interferes with another participant's race, regardless of competitive circumstances, is strictly prohibited.

5. Course cutting (“Shortcutting or Unauthorized deviation”):

- a. Participants must follow the officially marked course at all times. Any intentional shortcut or course cutting will result in immediate disqualification (DSQ);
- b. If a participant needs to leave the course (e.g., for restroom use or medical assistance), they must rejoin at the exact point of exit. Rejoining at an advantageous point will be considered course cutting;
- c. Violations may be identified through eyewitness reports, monitoring systems, video footage, missed timing checkpoints, or absence in official race photos. Participants who miss official timing points may be reviewed and disqualified.

6. Non-participants:

- a. Individuals not registered for the event (without a valid BIB) are strictly prohibited from accessing all race areas, including the start zone, course, and finish line. Unauthorized persons will be directed to leave these areas;
- b. Any individual found on the course without an official BIB will be removed by the Organizing Committee, security personnel, or police;
- c. Participants are strictly prohibited from receiving support from non-registered individuals running alongside them (personal pacers without BIBs) or from any support vehicles (e.g., bicycles or motorbikes) along the course. Such actions are considered serious violations. Event officials have the right to remove the supporting individuals, and the participant receiving such support will be disqualified.

7. Participants safety:

- a. Participants are advised to carry only essential items during the race;
- b. Permitted items include: portable MP3 players and headphones; mobile phones; mini sport cameras (such as GoPro) or similar devices; running belts; personal water bottles; hydration packs/vests; flags that can be carried in a pocket and do not contain sensitive or competing commercial content; and running hydration backpacks with straps;
- c. Prohibited items include:
 - Selfie sticks longer than 50 cm and bulky detachable camera equipment;
 - Dangerous weapons, explosive materials, explosives, and sharp objects;
 - Signage and banners, including: Items larger than 30cm x 45cm; Flags or banners with offensive, unlawful, or politically sensitive content against the Socialist Republic of Vietnam;
 - Blankets, sleeping bags, or similar items;
 - Alcohol and prohibited substances in any form;
 - Unmanned aerial devices, remote-controlled aircraft, balloons, mini photocopiers, or any other airborne equipment;
 - Opaque plastic bags (transparent bags are permitted);
 - Glass containers;
 - Weighted vests or any vests with multiple storage pockets;
- d. Regulations on attire and bulky items:

- General regulations: For safety and security reasons, the Organizing Committee restricts bulky items such as blankets, sleeping bags, and jackets or vests with excessive pockets. Participants using weighted vests must ensure they are physically fit and accept full responsibility for any related risks;
- Costume/Cosplay participants: Any costume incorporating restricted items or accessories, including blanket capes, multi-pocket outerwear, or similar character-related props, must comply with the following conditions:
 - Such items must not contain sharp objects, flammable or explosive materials, or any prohibited substances;
 - Such items must not obstruct race operations, impede participant flow, or pose any safety risk to other participants;
 - For security purposes, the Organizing Committee reserves the right to inspect any costumes, bags, or accessories at the start area.
- e. Skateboards, bicycles, roller skates, and any other unauthorized devices are strictly prohibited on the course for all distances. The use of wheeled devices, including wheelchairs and strollers, is only permitted with prior written approval from the Organizing Committee;
- f. Animals of any kind, including pets, are not permitted on the course or in start/finish areas.

8. Instructions from the organizing committee:

- a. Participants must comply with all instructions from the Organizing Committee, including immediately stopping participation if instructed by any official or emergency personnel, including firefighters and police;
- b. The Organizing Committee reserves the right to delay, cancel, or suspend the Event in cases of force majeure, including but not limited to natural disasters and adverse weather conditions; epidemics or public health crises; government directives; political or social instability; and unforeseen infrastructure issues.

9. Medical guidelines:

- a. Medical personnel have the authority to stop participants at any point along the course for assessment. They may withdraw a participant from the Event if deemed necessary for the participant's health and safety. Any participant who fails to comply with instructions from authorized medical staff will be immediately disqualified and may be banned from future events. Participants permitted to continue by medical personnel will not be considered as having received unauthorized assistance and will not be penalized;
- b. Participants are responsible for all medical expenses incurred during treatment or care at the Event or at any medical facility, including but not limited to transportation, ambulance services, hospital fees, and other related costs.

- 10. On-course support:** Participants are not permitted to receive assistance from external sources, except from official aid stations (water and medical), fellow participants on the course, or authorized medical personnel in emergency situations.
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AWARDS & RESULTS

1. Awards:

- Top 3 male and top 3 female finishers with the fastest completion times (based on gun time) in the 21KM (Half Marathon), 10KM, and 5KM distances;
- Top 1 in the 10KM Couple category and Top 1 in the 5KM Couple category will be awarded to only one (01) pair with the best performance in each category, regardless of team composition (male–female, male–male, or female–female). (**Team results are determined based on the gun time of the second finisher*);
- Individual participants and teams who place in award categories will receive finisher items and prizes from the Organizing Committee (if applicable).

2. Results: All participants who finish within the official cut-off time will receive finisher items corresponding to their registered distance.

- **Finisher entitlements:** All participants who cross the start line and finish at the official finish line within the prescribed time limit (calculated based on their respective start times) will receive a finisher medal (applicable to 21KM, 10KM, 5KM, 10KM Couple, and 5KM Couple). Participants in the Half Marathon (21KM) category will also receive an additional finisher shirt;
- **Did Not Finish (DNF):** Participants who do not complete the race within the official time limit will be marked as “Did Not Qualify” on the official results page and will not receive finisher entitlements; The finisher medal is a symbolic recognition of achievement and does not carry monetary value or serve as a form of compensation. Registration for the Garmin Run provides participants with the opportunity to earn a medal, not a guaranteed entitlement;
- **Timing & Results:**
 - Official rankings for award categories will be determined based on gun time. Gun time is measured from the official start signal to the moment the participant crosses the finish line;
 - All participants’ race times will be recorded using chip time (net time), calculated from when the participant crosses the start line to when they cross the finish line. Participants must wear their assigned timing chip, securely attached to their BIB, from start to finish to ensure accurate time recording. All times will be rounded up to the nearest second;
 - Both gun time and chip time will be published on the official race results page.
- **Couple Category Scoring 5KM Couple and 10KM Couple:**

- Team results are calculated based on the finishing time of the second runner in the team;
- The top-performing team in each couple category, regardless of team composition, will receive a special commemorative gift from the Event.
- Participants in the 5KM Couple or 10KM Couple categories are not eligible to compete for individual overall awards.

UPGRADE/DOWNGRADE/TRANSFER

1. Upgrade/Downgrade:

Participants may request a change of distance after registration **until 11:59 PM on Friday, September 04, 2026 - GMT+07:00** (or until all slots are filled), either [here](#) or by sending a request to registration@pulse.vn. Requests will be reviewed and responded to via email **within a maximum of seven (07) working days**. (Please monitor your email, including inbox and spam/junk folders, during this period until your request is completed.)

If a participant upgrades to a higher-fee distance than originally registered, they must pay the fee difference based on the rate at the time of the change. If a participant downgrades to a lower-fee distance, the fee difference will not be refunded.

Note: *Distance changes are not applicable to complimentary registrations.*

2. Registration transfer:

Race entries may be transferred to another person **until 11:59 PM on Friday, September 04, 2026 - GMT+07:00** (or until all slots are filled). Participants who wish to transfer their registration must submit a request [here](#).

After completing the transfer request form, the Organizing Committee will process the request and send an email to the transferee to update their registration details **within seven (07) working days**. (Please monitor your email, including inbox and spam/junk folders, during this period until the process is completed.)

A system processing fee of **300,000 VND per registration** will be applied for all transfer requests.

Notes:

- *Registration transfers are not applicable to complimentary entries;*
- *The 5KM Couple and 10KM Couple categories are not eligible for distance changes or registration transfers.*

TERMS & AGREEMENTS

This agreement constitutes the participant's consent to take part in the event and acceptance of all terms and conditions, rules, and instructions issued by the Organizing Committee.

1. The Organizing Committee reserves the right to refuse participation or withdraw a participant's eligibility if, in our judgment, the participant's presence may: cause harm to themselves or others; pose a risk to the environment; potentially lead to unlawful behavior; create health or safety concerns; involve alcohol-related issues; or present medical concerns.
2. The Organizing Committee reserves the right to cancel the Event in cases of force majeure beyond our reasonable control, including war, terrorism, epidemics, or severe weather conditions. In such circumstances, the Organizing Committee will make every reasonable effort to provide the best possible support to participants, subject to the actual situation and timing of the incident.
3. The use of participants' images and personal information is governed by the privacy policy of Garmin Run Marathon Series 2026.
4. By participating in the Event, participants acknowledge and agree that any recordings, audio effects, photographs, or videos captured during the Event, or any part thereof, may only be used for personal purposes and must not be used for any commercial or promotional purposes without prior approval from the Organizing Committee:
 - a. Personal information, including medical data, will be used solely for participant safety and health purposes during the event;
 - b. Participants consent to their personal data being collected, stored, and used by the Organizing Committee and event partners for the organization and operation of the event;
 - c. Participants consent to their anonymized data being used by the Organizing Committee and partners for statistical purposes, event promotion, and communication activities, including email notifications about future events or similar activities of potential interest, as well as marketing and community engagement initiatives conducted by event partners.
5. Participants confirm that they are physically fit to take part in the event. The Organizing Committee shall not be liable for any claims related to death, injury, or any other compensation as permitted by applicable law.
6. Participants are advised to carefully check their race kit upon receiving their BIB. All items should be verified at the collection counter. The Organizing Committee will not be responsible for any loss or missing items once the participant has left the collection area.

E-WAIVER AGREEMENT

Submission of registration information through any channel (including online registration via the official website, individual email registration, or group registration) constitutes your acceptance as a participant and confirms that you have read, understood, agreed to, and are bound by the following terms:

- Participants acknowledge that road racing is an activity involving inherent risks and potential hazards. Participants shall not take part in the Event unless they are medically fit, physically prepared, and properly trained. Participants agree to abide by all decisions of the Organizing Committee regarding their ability to safely complete the race course. Participants voluntarily assume all risks associated with participation in the Event, including but not limited to minor or serious injuries, slips or falls, collisions with other persons, weather conditions, traffic conditions, course conditions, and death. Participants fully understand and accept all such risks;
- By reading, understanding, and voluntarily agreeing to participate in the Event, each participant - and any person acting on behalf of the participant - agrees to release and discharge the Organizing Committee, Ho Chi Minh City, and their respective officers, employees, sponsors, volunteers, contractors, subcontractors, agents, and related parties from any and all claims, liabilities, demands, damages, or disputes arising from participation in the Event. This release applies to all claims, including those arising in whole or in part from negligence or carelessness by any of the parties mentioned in these Rules and Regulations;
- Participants are not permitted to transfer their race entry or BIB to another individual. Any unauthorized transfer will be considered invalid. Invalid registrations will not be entitled to participant benefits and will not be recognized in official race results;
- In the event of force majeure requiring the Organizing Committee to postpone, suspend, or cancel the Event, participants agree to comply with the decisions of the Organizing Committee. Should participants choose otherwise, they acknowledge and accept all associated risks independently of the Event, the Organizing Committee, sponsors, and Ho Chi Minh City, without any claim or liability against such parties;
- If the registrant is registering on behalf of a minor under 16 years of age or an adult lacking legal capacity, the registrant confirms that they are the parent or legal guardian and have full legal authority to enter into this agreement on their behalf. By completing the registration, the registrant agrees that all terms and conditions of this waiver apply equally to all registered participants.

PRIVACY POLICY

1. How do we collect your information?

We collect information from you when you register for an event, respond to a survey, join our priority list, or complete an online registration on our website. When registering, you may be asked to provide details such as your name, email address, phone number, or credit card information.

2. How do we use your information?

Any information we collect from you may be used in one or more of the following ways:

- The Organizing Committee may use participants' information and images for lawful commercial purposes;
- To personalize your experience (your information helps us better respond to your individual needs);
- To improve our website (we continually enhance our website based on feedback and information received);
- To improve customer service (your information helps us respond more effectively to your requests and support needs);
- To process transactions. Your information, whether public or private, will not be sold, exchanged, transferred, or given to any other company without your consent, except for the purpose of delivering the requested product or service;
- To administer contests, promotions, surveys, or other website features;
- To send periodic emails.

The email address you provide may be used to send you information and updates related to your registration, as well as company news, updates, and related products or services.

Note: If at any time you wish to unsubscribe from future emails, detailed unsubscribe instructions are included at the bottom of each email.

3. How do we protect your information?

We implement a variety of security measures to maintain the safety of your personal information when you enter, submit, or access your personal data. We use secure servers and encryption technologies.

All sensitive/credit information you provide is transmitted via Secure Socket Layer (SSL) technology and then encrypted in the databases of our service providers.

Our payment gateway is accessible only to authorized personnel with special access rights, who are required to keep such information confidential. After a transaction, your private information (such as credit card details, financial data, etc.) will not be stored on our servers.

4. Do we disclose any information to outside parties?

We do not sell, trade, or otherwise transfer your personally identifiable information to outside parties. This does not include trusted third parties who assist us in operating our website, conducting our business, or servicing you, provided that these parties agree to keep your information confidential. We may also release your information when required to comply with the law, enforce our site policies, or protect our or others' rights, property, or safety. However, non-personally identifiable visitor information may be provided to other parties for marketing, advertising, or other uses.

5. Do we disclose your information to third parties?

From time to time, at our discretion, we may include or offer third-party products or services on our website. These third-party websites have separate and independent privacy policies. Therefore, we

hold no responsibility or liability for the content and activities of these linked sites. Nevertheless, we strive to protect the integrity of our website and welcome any feedback regarding these sites.

6. Your consent

By using our website, you consent to our Privacy Policy.

7. Changes to our Privacy Policy

If we decide to update our Privacy Policy, any changes will be posted on this page.